#281- Dynamic Duo

Summer Sausage

Nutrition Facts Serving Size 2 oz (56g) Servings Per Container About 4.5 Amount Per Servings		
Calories	180	Fat. Cal. 135
		%DV*
Total Fat 15g		23%
Sat. Fat 7g		35%
Trans Fat Og		
Cholest. 50mg		17%
Sodium 600mg		25%
Total Carb. 2g		1%
Fiber Og		
Sugars 2g		
Protein 9g		
Vitamin A 0% * Vitamin C 0%		
Calcium 0% * Iron 4%		
*percent daily values are based on a		
2,000 calorie diet.		

Beef, Salt, and Less than 2% of the following: Corn Syrup Solids, Flavoring, Dextrose, Lactic Acid, Starter Culture, Sodium Erythorbate, Sodium Nitrite

Cheddar Cheese

Nutrition Facts: Serving Size: 2 Tbsp. (31g), Servings per Container: About 7, Calories 90, Calories from Fat 60, Total Fat 6g (10% DV), Saturated Fat 4g (19% DV), Trans Fat 0g, Cholesterol 20mg (7% DV), Sodium 510mg (21% DV), Total Carbohydrate 3g (1% DV), Dietary Fiber 0g (0% DV), Sugars 3g, Protein 4g, Vitamin A 6%, Vitamin C 0%, Calcium 15%, Iron 0%. Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: CHEDDAR AND NATURAL CHEESE (AMERICAN, GRUYERE, HAVARTI [CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO COLOR, CALCIUM CHLORIDE]), WATER, WHEY, CREAM, SODIUM PHOSPHATES, SALT, ENZYME MODIFIED CHEESE, LACTIC ACID, SORBIC ACID (TO PROTECT FLAVOR), GUAR GUM, ACETIC ACID, PAPRIKA AND TURMERIC EXTRACT (COLOR).

Contains Milk.