

#117 Colby Jack Block Cheese

(Colby Jack Cheese and Cajun Sausage)

Nutrition Facts		
Serving Size 1 oz. (28g)		
Servings about: varied		
Amount Per Serving		
Calories 100		
Calories from Fat 70		
	% Daily Value *	Total Fat
9g	14%	
Saturated Fat 5g		25%
Trans Fat 0g		
Cholesterol 25mg		8%
Sodium 135mg		6%
Total Carbohydrate 0g		0%
Protein 7g		
Vitamin A 6%		Calcium 45%
* The Percent Daily Values are based on a 2,000 calorie diet		

Ingredients: Pasteurized Part-skim Milk, Salt, Microbial Coagulant, Cheese Cultures, Annatto (for color).

8 oz. CENTURY RESOURCES CAJUN BEEF SUMMER SAUSAGE

INGREDIENTS: BEEF, SALT, AND LESS THAN 2% OF THE FOLLOWING: CORN SYRUP, DEHYDRATED VEGETABLES (ONIONS, BELL PEPPERS, GARLIC), FLAVORINGS, DEXTROSE, LACTIC ACID STARTER CULTURE, SODIUM ERYTHORBATE, SODIUM NITRITE.

Serving size 2 oz

Servings per Container: approximately 4

Calories 200	Calories from Fat 160	
		% Daily Value*
Total Fat 18g		28%
Saturated Fat 8g		40%
Trans Fat 0g		
Cholesterol 50mg		17%
Sodium 600mg		25%
Total Carbohydrate 2g		1%
Dietary fiber 0g		0%
Sugars 2g		
Protein 8g		
Iron 4%		

Not a significant source of Dietary Fiber, Vitamin A, Vitamin C, and Calcium.