

#149 Pepper Jack Cold Pack Cheddar Cheese

Nutrition Facts	
Serving Size 2 Tbsp. (32g)	
Servings Per Container About 11	
Amount Per Serving	
Calories 100	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 25mg	9%
Sodium 190mg	8%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Sugars 3g	
Protein 6g	
Vitamin A 4%	• Vitamin C 4%
Calcium 15%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Calcium Chloride), Monterey Jack Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Whey Protein Concentrate, Cream, Reduced Lactose Whey, Jalapeno Peppers, Sorbic Acid (To Protect Flavor), Red and Green Bell Peppers, Lactic Acid, Citric Acid.