

#162 Chocolate Peanut Butter Smoothies

Nutrition Facts		
Serving size: 1/2 oz. (12g)		
Servings Per Container: 12		
Amount Per Serving		
Calories 50	Cal. from Fat 40	
% Daily Value*		
Total Fat 4.5g	7%	
Saturated Fat 2.5g	12%	
Trans Fats 0g		
Cholesterol 0mg	0%	
Sodium 30mg	1%	
Total Carbohydrate 5g	2%	
Dietary Fiber 0g	1%	
Sugars 5g		
Protein 2g		
Vitamin A 0%	Vitamin C 0%	
Calcium 0%	Iron 4%	
*Percent Daily Values is based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Calories	2,000 2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2400mg	2400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat	9	Carbohydrate 4 Protein 4

Peanut Butter Smoothies

Ingredients: – Milk Chocolate (Sugar, Cocoa Butter, Milk, Chocolate Liquor, Soy Lecithin, Artificial flavor added, Salt), White Confectionery Coating (Fractionated Palm Kernel Oil and Hydrogenated Palm Oil, Non-Fat Dry Milk, Whole Milk, Lactic acid esters of mono- and diglycerides with citric acid to help protect flavor, Soy Lecithin (an emulsifier), Salt, Vanillin (an artificial flavor)), Peanut Butter (Roasted Peanuts, Sugar, Contains 2% or less of: Fully Hydrogenated Vegetable Oils (Rapeseed, Cottonseed, Soybean) Salt, Molasses), Milk Confectionery Coating (Sugar, Palm Kernel Oil, Hydrogenated Palm Kernel and Palm Oils, Nonfat Dry Milk, Cocoa, Soy Lecithin, Salt, Artificial Flavoring), Corn Syrup, Vegetable Oil (Soybean Oil), Soy Lecithin

Contains: Milk, Soy, Peanuts
Net Wt. 5oz (141.8g)

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